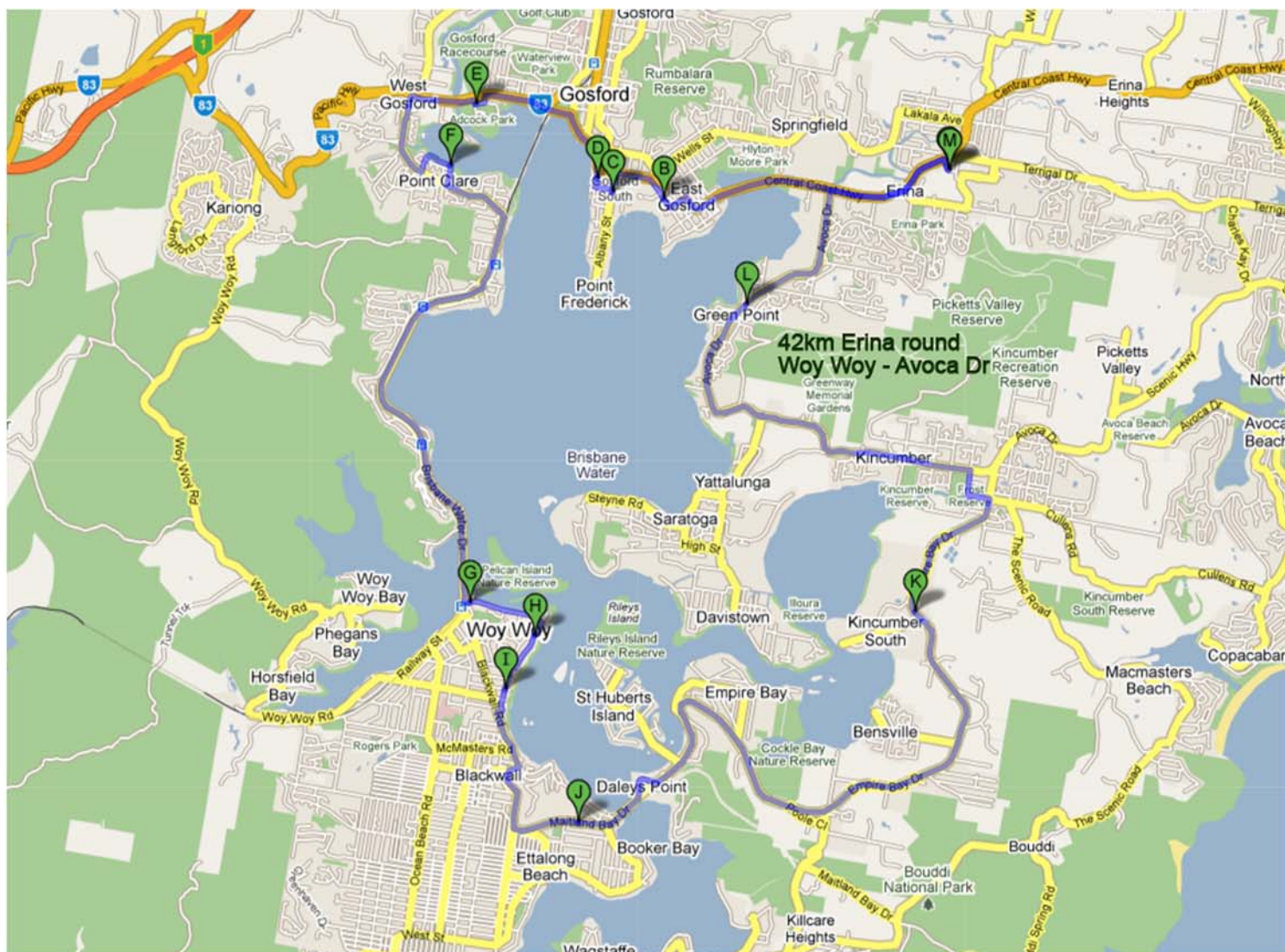


LOOP - ERINA AROUND BRISBANE WATERS 42KM



42 km ride

Ride starts at the bike shop (BikeworX) in Erina, cycle down The Entrance road towards Avoca Dr. Beware of the parked cars along the way as they are highly likely going to throw a door or two your way...

At Avoca Dr, cross The Entrance Rd and cycle towards East Gosford along the bike path. Follow the bike sign taking the back street (>Right & then first <Left onto Adelaide St); cross Adelaide St at the lights & follow the back streets down to Gosford waterfront, continuing to Adcock Park & the path through to Woy Woy.

From Fisherman's warf in Woy Woy you continue straight ahead, there is a bike path which will take you around the waterfront to Blackwall Rd (nice scenic and flat ride). Follow signs towards Ettalong and Kincumber, turning left at the roundabout & continuing along Empire Bay Rd. Cross the Spit Bridge & attack first big hill on the ride :) Beware of sudden changes to the shoulder along this road as it tends to chop and change a fair bit. Near Kincumber South there's a bike path alongside the road, which makes for safer riding, this bike path goes around the back and brings you onto Avoca Drive, where you turn left & follow through to The Entrance road. Take a right turn (footpath is safer along here) back to the bike shop & finish :)

Rating



Scale: 1 bunny - light | 2 bunny - medium | hellbunny - hard

